

Peaceways

CENTRAL KENTUCKY COUNCIL FOR PEACE AND JUSTICE

April 2018

Marching For Our Lives

Instead of "See you later," kids now say, "Stay safe."

by Margaret Gabriel, Peaceways editor

Reports from Washington D.C., about the March For Our Lives rally on March 24 estimated the gathering at a million people, the largest rally of its kind in history. Surely none of those historically large protests in New York, Los Angeles, Houston and Parkland, Florida, the site of the slaughter of 17 high school students on February 14, could have matched the fervor of the thousand or so people who gathered at the courthouse plaza for the rally in downtown Lexington. Tents over the stage protected speakers from an icy mix of rain and snow; people in the crowd carried umbrellas, wore hooded jackets and worked to protect their protest signs from water that caused running ink.

Retired elementary school librarians Nancy Stallard and Cathy Moore huddled under their umbrellas not far from the stage, braving the elements for one reason: "Something has to be done," Nancy said. They believe that adults lending their support and voices to students are a concrete way to show elected officials that the demand for increased regulation to eliminate gun violence is widespread.



Jan Tamm

The shooting at Marshall County High School on January 23 and the

discovery of an arsenal of ammunition possibly intended for an ambush at Paul Laurence Dunbar High School in Lexington brings gun violence terrifyingly close to home for students in Lexington. Teenagers on the stage implored adults to assure them that they could again feel safe in their school, telling legislators, "If you don't take action, we will vote you out of office."

Members of the Lexington League of Women Voters circulated through the crowd wearing buttons asking "Are you registered to vote?"

Shelby Howard, a junior at Lafayette High School, took the stage and gave an account of the night she lost her brother, Sean, to a random shooting by a 17-year-old with an illegal weapon. One in seven kids, she said, lives in a home with unsecured weapons; 73 percent know where the guns are stored and 36 percent have handled them.

"I'm 17 years old," Shelby said, "I shouldn't be grieving my brother."

Fayette County Sheriff Kathy Witt attended as a supporter rather than a public official, and complimented the efforts of the event's organizers. "We have to work together and look at a solution that works for our community," she said. "Children should be safe and feel safe in their schools. This shouldn't be going on in the United States of America."

Several of the signs carried by



Jan Tamm

protesters were opposed to the idea of arming teachers in order to keep students safe. Others boldly stated that legislators who were more likely to respond to donations from the National Rifle Association than calls to keep students safe could and would be voted out of office.

Gun Violence In America as of 4-3-18

(excluding suicide)

2018 (year to date)

Killed	3,626
Wounded	6,326

2017 (annual)

Killed	15,612
Wounded	31,217

Source: www.gunviolencearchive.org

DV8 Kitchen: Food with a mission

by Margaret Gabriel

Many workers at DV8 Kitchen wear T-shirts that read "Life Changing Food." The small restaurant at 867 South Broadway in Lexington is not just a place to eat, but a place where many people find a way to change their lives while they are in recovery from substance abuse. The menus says "DV8 Kitchen was developed and operates as a second chance employment opportunity for those in substance abuse recovery who often have a difficult time find employers willing to take a chance on them."

As uplifting as that mission might be, though, opportunity will only be consistently available for people seeking to make changes in their lives if the quality of the food brings people through the door.

After visits for breakfast and lunch, both the food and the hospitality will bring us back.

Our first visit launched a "day of frolic" on a recent Saturday. We were greeted by a friendly worker who showed us where to find menus, where to see the specials and invited to order at the counter before choosing a table. It was before I decided to review the restaurant for *Peaceways*, so we both ordered the Breakfast Plate: two eggs, three strips of bacon, and a choice of a biscuit or sourdough toast (both made in house) that also included a trip to the jam and butter bar. My eggs were ordered scrambled. Jim ordered his over light, and reports that they were done just right. We didn't request it, but the bacon was done as we like it, not too crisp. If you like your bacon crisper, I'm sure you could ask.

The butter and jam bar was a delight. I put a light smear of butter on my toast, covered it with orange marmalade and didn't bother to check the number of Weight Watchers Smart Points. Other choices were strawberry jam, honey butter and apple butter.

Our return trip was for lunch, and while we waited for our food to be delivered to our table (after ordering at the counter) we were invited to sample the sourdough bread on the butter and jam bar. I cut a slice into four quarters and tried a little of each topping, and would be hard pressed to tell you which one I liked best. Even the honey butter was good, with a rich sweetness that would have me going



The DV8 Kitchen jam and butter bar (yum).

back, even though I don't like honey. (Love bees, but can't stand honey.)

Jim ordered their "Best Burger in Town" which was topped with an egg, bacon, caramelized onions, cheddar cheese, lettuce, tomato and dijonaise sauce, cooked medium, as requested. He said he enjoyed being able to detect the individual ingredients, something missing in similarly prepared hamburgers. My basil chicken was grilled but still juicy and topped with tomato, avocado and basil aioli. The chicken, avocado and aioli also came together nicely and I can only imagine how much better it will be when tomatoes are in season. What can you expect from a tomato in March?

Before we left, I watched the master baker, Dave Kratzer, spread cinnamon on dough to create cinnamon rolls, which are served plain, with cream cheese frosting or caramel. Dave also bakes brioche buns and biscuits, in addition to the sourdough bread. Bakery items are used for sandwiches and toast and can be purchased to carry out.

Our breakfasts were about \$15 with coffee. Lunches were \$22 and included coffee and a very nice fruit cup (tips not included).

Hot coffee, cold brew coffee, hot and iced tea and soft drinks are available. There is also a catering menu.

On our second visit, I was impressed when the friendly dining room worker brewed a pot of decaf on request, even though it was almost closing time. The only criticism we found for DV8 Kitchen was the paper plates and plastic cutlery, more of an issue for breakfast than for the sandwiches we ordered for lunch.

There are other restaurants in Lexington I pass on because of plastic forks, but we plan to make DV8 Kitchen one of our "go-to" places, as much for the friendliness and "make yourself at home" environment as for the food.

The Central Kentucky Council for Peace and Justice

Board of Directors: Rebecca Ballard DiLoreto, Rick Clewett, Bilal El-Amin, Mary Ann Ghosal (secretary), Heather Hadi, Randolph Hollingsworth, Rahul Karanth, Steven Lee Katz (treasurer), Richard Mitchell, Bruce Mundy, Steve Pavey, Nadia Rasheed, Rabbi Uri Smith, Teddi Smith-Robillard, Craig Wilkie.

Peaceways Staff: Margaret Gabriel (editor); Penny Christian, Gail Koehler, Betsy Neale, Jim Trammel (proofreaders). The views expressed in *Peaceways* are those of the authors and do not necessarily reflect the views of CKCPJ.

Member Organizations: ACLU-Central Kentucky Chapter; Ahava Center for Spiritual Living; Amnesty International, UK Chapter; Bahá'ís of Lexington; Berea Friends Meeting; Bluegrass Central Labor Council, AFL-CIO; Bluegrass Domestic Violence Program; Bluegrass United Church of Christ; Catholic Action Center; Central Christian Church; Commission for Peace and Justice, Catholic Diocese of Lexington; Gay and Lesbian Services Organization; Humanist Forum of Central Kentucky; Hunter Presbyterian Church; Islamic Society of Central Kentucky; Jewish Federation of the Bluegrass; Kentuckians for the Commonwealth; Kentucky Coalition to Abolish the Death Penalty, Central Kentucky Chapter; Kentucky Coalition for Immigrant and Refugee Rights; Kentucky Resources Council; Lexington Fair Housing Council; Lexington Fairness; Lexington Friends Meeting; Lexington Hispanic Association (Asociación de Hispanos Unidos); Lexington Labor Council, Jobs with Justice Committee; Lexington Living Wage Campaign; Lexington Socialist Student Union; Maxwell Street Presbyterian Church; Newman Center at UK; North East Lexington Initiative; One World Film Festival; Students for Peace and Earth Justice (Bluegrass Community and Technical College); Peacecraft; The Plantory; Progress (student group at Transylvania University); Second Presbyterian Church; Shambhala Center; Sustainable Communities Network; Union Church at Berea; Unitarian Universalist Church of Lexington; United Nations Association, Bluegrass Chapter.



Peaceways is published 10 times a year by the Central Kentucky Council for Peace and Justice, 1588 Leestown Rd., Ste. 130-138, Lexington KY 40511. The next issue of *Peaceways* will appear in April. Deadline for calendar items is March 10. Contact (859) 488-1448 or email peacewayseditor@gmail.com.

Calendar for Peace & Justice

The council seeks to promote dialogue as a path to peace and justice. Consequently, we announce events that we do not necessarily endorse.

Tues., April 3

CKCPJ Peace Action committee, 7 p.m. Quaker Meeting House, 649 Price Ave., Lexington. Ongoing discussion of schools, non-violence training, summer youth jobs, and work with the Congolese community.

Thurs., April 5

Lexington Advocacy Team 6 p.m. Quaker Meeting House, 649 Price Ave., Lexington. Lobbying efforts to continue to prevent war (especially nuclear) with North Korea.

Tues., April 10

CKCPJ single-payer health care committee, 7 p.m. Quaker Meeting House, 649 Price Ave., Lexington. Discussion will include promotion of the single-payer health care concept, how it will benefit citizens, and how it can be promoted to lawmakers.

Tues., April 10

PFLAG Central Kentucky, 6:30-8:30 p.m. St. Michael's Episcopal Church, 2025 Bellefonte Dr., Lexington. Discussion will explore the term "non-binary," romantic versus sexual interest, and the rich diversity of gender identity and sexual orientation. The meeting will be followed by a confidential support group meeting. Visit info@pflagcentralky.org or call (859) 338-4393.

Tues., April 10

Together Frankfort 6:30 p.m., Kentucky State University, 400 E. Main Street, Frankfort, Cooperative Extension Building. Other event sponsors include the Kentucky Chapter of the American Association of University Women. Andy Barr declined to attend, saying via email that he would decide whether to participate following the the primary.

Mon., April 16

BUILD Rally, 7 p.m., Shiloh Baptist Church, 237 E. Fifth Street, Lexington. The action will give information about the results of the research of BUILD members into the 2018 issues: crime, drugs and mental health. If you are interested in attending, leave a message at (859) 608-2946.

Mon., April 23

Deadline In order to vote in the May primary, citizens must be registered to vote by this day. Kentuckians can register online at GoVoteKY.com.

Mon., April 23

CKCPJ steering committee meeting, 5:30 p.m. Quaker Meeting House, 649 Price Ave., Lexington. Discussion will include planning for the upcoming committee meetings, proposals for new initiatives.

Tues., May 1

CKCPJ Peace Action committee, 7 p.m. Quaker Meeting House, 649 Price Ave., Lexington. Ongoing discussion of schools, non-violence training, summer youth jobs, and work with Congolese community.

Thurs., May 3

Lexington Advocacy Team 6 p.m. Quaker Meeting House, 649 Price Ave., Lexington. Lobbying efforts to continue to prevent war (especially nuclear) with North Korea.

Tues., May 8

CKCPJ single-payer health care committee, 7 p.m. Quaker Meeting House, 649 Price Ave., Lexington. Discussion will include promotion of the single-payer health care concept, how it will benefit citizens, and how it can be promoted to lawmakers.

Tues., May 8

PFLAG Central Kentucky, 6:30-8:30 p.m. St. Michael's Episcopal Church, 2025 Bellefonte Dr., Lexington. Topic and speaker for May TBA. The meeting will be followed by a confidential support group meeting. Visit info@pflagcentralky.org or call (859) 338-4393.

Thurs., May 10

BUILD, Nehemiah Action, Heritage Hall, 7 p.m., 430 Vine Street, Lexington. The goal of the Nehemiah Action is to gather 2,000 people from throughout Lexington to ask Lexington city leaders to take specific actions to resolve issues of concern in Lexington. If you are interested in attending, leave a message at (859) 608-2946.

Mon., May 21

CKCPJ steering committee meeting, 5:30 p.m. Quaker Meeting House, 649 Price Ave., Lexington. Discussion will include planning for the upcoming committee meetings, proposals for new initiatives and continuing action.

*Afflict the comfortable;
give comfort to the afflicted.*

CKCPJ Committee Reports

At its March meeting the Peace Action team discussed Jonathan Granoff's visit to Lexington in February and brainstormed ways to move such events away from the University of Kentucky. Progress is continuing concerning teaching non-violence in Fayette County high schools. Sabina Massey is taking the lead in such instruction at Bryan Station and people from other schools are also involved in discussion about changes. Kerby Neill reports that efforts to increase summer youth jobs is not going well, but will talk with city commissioner of social services Chris Ford.

The Nation of Islam is offering a black-led community intervention

effort that is an alternative to police intervention.

The next meeting of the steering committee has been moved from the third Monday to the fourth to allow members to attend the BUILD rally. In May, the meeting will return to the third Monday.

Anyone is invited to attend and participate in CKCPJ committee meetings. Refer to the calendar above the time and location of meetings.

Support CKCPJ by linking your Kroger Plus card to #16439 at krogercommunityrewards.com

Submissions to *Peaceways*

Articles submitted for publication in *Peaceways* should show an awareness of and sensitivity to the CKCPJ's mission and concerns.

Articles of varying lengths are encouraged. Short essays reflecting an individual's experience of peace- and justice-related events and community action or activism are encouraged, as well.

Feature articles should be no longer than 500 words, unless you are willing to have the piece cut to fit one page of *Peaceways* text. Pieces will be edited for clarity.

Please include references in the text for all quotations, statistics, and unusual facts. End- or footnotes are not used. Please query submissions to peacewayseditor@gmail.com before writing a feature article intended solely for *Peaceways*.

For all submissions, the author's name, address, and phone number should appear on the body of the submitted text. If you submit material that has been published or which you are also submitting to other publishers, be sure to indicate this. Also include information about your relationship to any organization or issue mentioned in the article for inclusion in a biographical reference at the end of the story. Submissions should be made in Word format *via* email. Book reviews are usually solicited by the editor but we welcome inquiries from potential reviewers.

Submission deadline is the 10th of each month. *Peaceways* is published monthly except January.

MONTHLY MEETINGS

CKCPJ Steering Committee Meetings, third Tuesday, 7 p.m., Quaker Meeting House, 649 Price Ave. More info: (859) 488-1448 or peaceandjusticeky@gmail.com. All are welcome.

Interfaith Prayer Vigil for Peace, every Thursday, 5:30 - 6 p.m. at Triangle Park (corner of Broadway and Main Street) in downtown Lexington. Contact Richard Mitchell, (859) 327-6277.

Migrant Network Coalition, first Monday, noon - 1:15 p.m., GLOBAL LEX, 1306 Versailles Road, Lexington. Contact Lindsay Mattingly, lmatingly@lexpublib.org, (859) 231-5514.

PFLAG Central Kentucky, second Tuesday, 6:30 - 8:30 p.m. LGBTQ individuals of all ages, family members, friends and allies are welcome. St. Michael's Episcopal Church, 2025 Bellefonte Dr., Lexington. Visit info@pflagcentralky.org or (859) 338-4393. Speakers followed by confidential support group meeting.

Bluegrass Fairness of Central Kentucky, second Tuesday, 7:30 p.m., Lexington Public Central Library, 140 E. Main St., Lexington. Contact Craig Cammack, chair, (859) 951-8565 or info@lexfair.org.

Wednesday Night GLSO "Heart to Heart" discussion group, 7 p.m., Pride Center, 389 Waller Ave., Lexington. GLSO operates Kentucky's only Pride Center, where they have quietly provided services to the GLBTQQIA community for decades. More info, Pride Center hours. and other links at www.glsso.org.

Humanist Forum of Central Kentucky, first Thursday, 7 p.m., Great Hall of the Unitarian Universalist Church, 3564 Clays Mill Rd., Lexington. The Forum is a Chapter of the American Humanist Association. Meetings are open to people of all beliefs willing to express their opinions in a civil manner. Child care is provided. Contact President Staci Maney, staci@olliegee.com or (859) 797-2662.

Kentuckians for the Commonwealth, third Thursday, 7 p.m., Episcopal Diocese Mission House at Fourth St. and MLK Blvd, Lexington. Contact Beth Howard, (859) 276-0563.

NAMI Lexington Support Groups, every Sunday, 2:30 - 4 p.m. Participation Station, 869 Sparta Ct., Lexington. Call (859) 272-7891 or visit www.namilex.org.

Christian-Muslim Dialogue Program, fourth Saturday, 10 a.m. - noon. All are welcome. Locations vary, call (859) 277-5126. The Christian-Muslim dialogue promotes understanding and mutual respect between Christians and Muslims. By exploring moral, cultural and political factors shaping the current context, the program promotes personal and collective responsibility to build a more just and peaceful world.

Dance Jam, every Tuesday, 5:30 - 7 p.m., Quaker Meeting House, 649 Price Ave. Move to the extent you are able. Sponsored by Motion Matters, \$7 per session to cover space rental. Contact Pamela, info@motionmatters.org, (859) 351-3142.

Movies with Spirit, second Friday of every month. Unitarian Universalist Church, 3564 Clays Mill Road, Lexington. Potluck at 6 p.m., film at 7.

National Action Network, third Thursday each month, 7 - 8:30 p.m. at the Central Library, Lexington.

Showing Up for Racial Justice, second Tuesday of the month, 5:30-7:30 p.m., Wild Fig Coffee and Books, 726 N. Limestone, Lexington.

To include a regular meeting of your organization in this space, contact Margaret Gabriel, peacewayseditor@gmail.com.

Peaceways reviewer reveals his standards

by Jim Trammel

Doing book reviews for *Peaceways* has broadened me tremendously. Meaning, I sit here reading books while my darling wife, the editor of this rag, is out exercising, and I don't join her because of the handy excuse "I've got this book to read and a review to write."

Several of the books have had their desired impact. A few have moved me in the opposite direction (hello, "Hillbilly Elegy"), and a few were enthralling to such a degree that when I rediscovered them on my Kindle I didn't remember whether I even wrote a review (hello, "Just Mercy"). A man in his moment, that's me.

I choose my books for review by what is selling well on Amazon, or else because of some related local or national news development. But there are a few you won't see me do here.

- **Russian Roulette** and anything else about the Mueller investigation that isn't by Mueller himself. All else is speculation, and I'm tired of the issue. Hey, if Russia worked through Facebook to recruit me as a voter and I fell for it, the blame is on me. We all need to be more skeptical.
- **Anything about Trump** and his White House, pro or con. I made an exception for "Fire and Fury" because about 10 million people had already bought it by the time I reviewed it. But no more. I don't care how he's doing his job, right or wrong. I'm just hoping we survive to the end of his term, and the immediate aftermath if he's successfully impeached and removed.
- **A Brief History of Time.** I picked it up, hoping to do a tribute review after Stephen Hawking passed, but (a) his mind is much better than mine, and (b) I don't care much about theoretical physics anyway. Pass.
- **CIA exposés.** I don't want to wake up to the sound of black helicopters hovering outside, trying to get a good angle for a kill shot. A chat

buddy once told me he had all the dirt on this particular aspect, and it would make a blockbuster. I told him I'd write the book, and he said our families would disappear, so I suddenly remembered other things to do. But not exercising.

- **The New Jim Crow.** I hear it's seminal, basic, a not-to-be-missed summation of its area, essential to understanding anything else written about discrimination. And I'd rather have a root canal. Or exercise.
- **Books about dialog among the races.** Just last month I reviewed "So You Want To Talk About Race." I picked up two more in that vein: "Why I'm No Longer Talking to White People About Race," which I didn't continue with because of its British slant; and "You Can't Touch My Hair," which is lighter in tone, but recounting micro-aggressions quickly runs through my patience. I think the difficult question posed first by Rodney King, "Can't we all just get along?" has the conditional answer "Not likely, but we have to try." And, in the words of Forrest Gump, that's all I have to say about that.
- **Fundraising books by politicians.** I'm avoiding Joe Biden's heartfelt expression, "Promise Me, Dad," particularly. Hillary's "What Happened"? Two root canals. And yes, I did review Elizabeth Warren, but only after I learned she wasn't running for President.
- **All the self-help books** in the social sciences corner of Amazon's political



Is this how you visualized reviewer Jim Trammel? He's also an artist, pictured here with his painting of a performance of his son, Carl.

page. About the only thing more tiring than an actual self-help book would be your reading about me reading one. My last one ever: "The Miracle Morning." It had some really sincere testimonials, so I bought it, and it turned out to be an ode to Stuart Smalley-style affirmations, for weeping Jesus' sake. Check, please.

I'm not burned out. (But, anyone else who wants to contribute reviews, email Peggy at the address given elsewhere. You'll likely get your turn.) In the months to come I've got some really ambitious reading picked out. You'll be intrigued.

And, if you're like some of my readers who only wade through the review for the little cute semi-fraudulent bio-fact at the end, well, I'll have more of those too. Pleasant reads!

Jim Trammel has always loved reading, even as a smarty-pants second grader when he was sent to read Dr. Seuss books aloud to other classes because he did it so well.

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*“Warmaking doesn’t stop warmaking. If
it did, our problems would
have stopped millennia ago.”*

~ Coleman McCarthy

The Poor People’s Campaign: A National Call for Moral Revival

*Community activist and CKCPJ member Billie Mallory forwarded this letter to Peaceways,
hoping that readers will circulate it among family, friends and colleagues*

On the first Sunday of March 1965, the nation witnessed the shocking images of officers chasing and beating unarmed protesters marching against voter suppression on Selma’s Edmund Pettus Bridge. The officers’ brutal crackdown on that “Bloody Sunday” vividly showed that Jim Crow was a violent, extremist system that needed to be dismantled.

This week, I was in Alabama for the 53rd anniversary of the bridge crossing, connecting voter suppression, poverty, and the need for the Poor People’s Campaign. I visited a 61-year old man who lives 20 miles from Selma in Lowndes County whose grandchildren play around open sewage in his backyard. Hookworm is still a problem there. I was welcomed into the trailer of a woman whose 9-year old daughter uses a CPAP machine because their home is infested with mold. Residents of the forgotten Selma neighborhood, The Alley, told us how they simply wanted to be heard by those in power.

The poverty I witnessed is a direct result of voter suppression. It, too, is a violent extremist system that needs to be dismantled.

We must do more than commemorate. We need to get together with the people of The Alley and Lowndes County and communities like them across the country who are organizing to win better lives. That’s why we’ve started The Poor People’s Campaign: A National Call for Moral Revival.

We will only succeed if we get tens of thousands of supporters around the country involved. Will you ask your friends and family to share this letter and join the movement?

Fifty-three years after Bloody Sunday, voting rights are still under attack. We just had the first election in half a century without the full protections of the Voting Rights Act. In recent years, 23 states have passed racist laws attacking our very right to vote.

The blood of Selma’s martyrs cries out as clearly as it did in 1965: America cannot suppress the vote of any one group without hurting everyone in this democracy.

That’s why March 5, 2018, we marched to demand lawmakers restore the Voting Rights Act, pass a living wage, and preserve safety net programs that are crucial to the poor. We stood at the top of the bridge and committed to fighting for voting rights, health care, living wages. Please share this letter today to help create a massive, moral push to revive the heart of our democracy.

In solidarity,
Rev. Dr. William Barber II
Campaign Co-Chair